

Green Apple

3 Romaine leaves
5 Celery ribs
1 Cucumber
3 Kale leaves
5 Parsley ribs
2 granny smith Apple
5 tbsp Spinach
1 oz Lemon juice

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Pineapple Apple Mint

1/3 Pineapple
2 granny smith Apple
4 tbsp Mint (finely chopped)
1 oz Lime juice

Pineapple Apple Mint

1/3 Pineapple
2 granny smith Apple
4 tbsp Mint (finely chopped)
1 oz Lime juice

Pineapple Apple Mint

1/3 Pineapple
2 granny smith Apple
4 tbsp Mint (finely chopped)
1 oz Lime juice

Spicy Lemonade

424 ml Filtered Water
3 oz Lemon
0.5 tsp Cayenne pepper
1 tbsp Agave Nectar / Honey

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3 oz Lemon
0.5 tsp Cayenne pepper
1 tbsp Agave Nectar / Honey

Carrot Apple Beet Ginger Lemon

3 Carrots
1 Fuji Apple
2 Beet
4 Celery ribs
1.5 tbsp Ginger
0.5 oz Lemon juice

Carrot Apple Beet Ginger Lemon

3 Carrots
1 Fuji Apple
2 Beet
4 Celery ribs
1.5 tbsp Ginger
0.5 oz Lemon juice

Carrot Apple Beet Ginger Lemon

3 Carrots
1 Fuji Apple
2 Beet
4 Celery ribs
1.5 tbsp Ginger
0.5 oz Lemon juice

Parsnips Pears & Celery

2 parsnips
4 Pears
5 Celery ribs
5 Parsley ribs
1 carrot
1 oz lemon

Parsnips Pears & Celery

2 parsnips
4 Pears
5 Celery ribs
5 Parsley ribs
1 carrot
1 oz lemon

Parsnips Pears & Celery

2 parsnips
4 Pears
5 Celery ribs
5 Parsley ribs
1 carrot
1 oz lemon

Cashew Nut Milk

467ml Filtered water
4.5oz Raw Cashews
1 tbsp Agave Nectar / Honey
1 tsp Vanilla bean
1 tsp ground Cinnamon

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